



Hi BFHA Members!

USFHL is holding a Regional Club Championship (RCC) qualifier in order to compete in NCCs in July! This year, BFHA is selecting a women's team to compete to represent our club in March. At RCCs, we will be competing against DC Dragons, WFHA, VB Rockfish, and DFHA. The top two teams will then participate in NCCs.

Tournament Information:

- **Dates:** March 18-19
- **Location:** Virginia Beach Sports Complex
- **Format:** Five games, 24-minute halves. 11v11, water-based Astro turf
- **Roster:** 14-16 field players and 1-2 goalies will be selected to represent BFHA.
- **Tryouts:** A tryout date will be forthcoming. If you are unable to make it to tryouts, you will be considered based on past tournament/league play.
- **Cost:** This is self-funded and all players will be responsible for tournament fees such as uniforms, lodging, transportation, food, and any practice fees. Once the team is announced, a non-refundable deposit of \$70 for the tournament will be needed to hold the player's spot on the team. Additionally, as this is a Regional qualifier, should we make it to NCCs, players will also be responsible for paying for fees for that tournament.
- **Eligibility Requirements:**
 - All players must be at least 18 years old
 - Players cannot be currently playing in college or planning to play in college
 - Must have played two times in the past two years with their club (includes tournaments, pick-up sessions, drop-ins at league games, etc.) and signed up for one full season (minimum value of \$50)

- Players must live within 2 hours of the club
- Players should be able to attend both days of the tournament.

Interested players should email Alison Kagel (aekagel10@gmail.com) and Suzy Banister (sbanister03@gmail.com) and submit the following information by February 3, 2023.

- Name
- Address
- Date of Birth
- Phone Number
- Email
- Position
- Level of Experience (high school, college, international, Masters, Rec. League, etc.)
- BFHA leagues you have signed up for in the last two years
- Outdoor/Indoor Tournaments you have participated in the last two years
- Current Fitness Routine: How many days/week and types of activities. Please be specific.
- Any other information we should take into consideration that would make you a good fit to represent the BFHA team at Regionals.

Thank you and please let us know if you have any questions!